



## II. CODP I

### CO-OCCURRING SUBSTANCE USE AND MENTAL HEALTH DISORDER PROFESSIONAL (Formerly MISA I)

This is a program that prepares individuals to provide evaluations, referrals, and short-term counseling services to people in order to help prevent or remediate personal problems, conflicts, and emotional crises. These instructions include human development, psychopathology, individual and group counseling, personality theory, patient screening and referral, interviewing skills, professional standards and ethics, and applicable laws and regulations.

The educational curriculum for this program of *New Hope School of Counseling* satisfies the credentialing requirements of the Illinois Alcohol and Other Drug Abuse Professional Certification Association, Inc., IAODAPCA. This program offers 240 hours of study. This CODP I program offered by New Hope School of Counseling provides a comprehensive understanding about the effective diagnostic and treatment of clients with concurrent mental disorders and chemical dependency. The pathologies of both fields reflect the necessities of integrative services offered in diverse health institutions such as hospitals and community health services. This will result in improvements in early detection as well as assessment and management. Integration refers to the provision of comprehensive services with staff that are competent in both mental health and drug alcohol skills. This way we will have effective programs for MISA clients.

#### Admission criteria

IAODAPCA requires students enrolled in the CADC certification classes, to have completed their G.E.D. or high school diploma before enrollment in a CODP I course.

#### CODP I Registry. [Eligibility Standards:](#)

- 190 clock hours of training in the knowledge and skills areas related to the Core Functions.
- Minimum of 120 hours of supervision covering COPD Core Functions.
- Successful completion of the ICRC/ AODA written examination
- 2000 hours (1 year) of paid qualified experience; 250 hrs. documented within the past year

**Certificate of Attendance:** Proficiency in CODP I Studies

#### IAODAPCA: CODP I Registry

##### Class Times

Pre-requisite Courses: Monday and Thursday, 6-9pm

Primary Courses: Tuesday and Wednesday 6-9PM

\*Course must meet the minimum enrollment of 6 students before the course will be offered, therefore there are not standard start or end dates.

## **COURSE OFFERINGS AND DESCRIPTIONS**

Pre-requisite & Primary Courses within the program are taught within a five-week period, two classes per week. The total length of the program is 40 weeks.

### **Pre-requisite Courses (20 Weeks – may be taken in conjunction with CADC Courses)**

#### **Overview of Addiction**

**30 clock hours**

This overview course will examine the disease concept of addictions, the history of addiction and its root causes. The course will review the influences of family history, environment, genetic markers, spirituality, biochemistry, and culture upon addiction. The student will gain a true perspective of the devastation and cost of addiction to the individual, the family and society. Evaluation and treatment techniques and approaches.

#### **Pharmacology of Addiction**

**30 clock hours**

This course is designed to introduce the student with the history of psychoactive drugs and their classification; how psychoactive drugs affect us, the progression of drug use from experimentation to addiction; an understanding of uppers, downers and psychedelic drugs and their effects; prevention; and treatment for addiction.

#### **Dual Diagnosis/Co-Occurring Disorders**

**30 clock hours**

This course addresses dual diagnosis, the treatment of clients who have chemical dependency and other mental and personality disorders. It is estimated that 40 – 70% of all mental health and chemical dependency clients are actually suffering from dual disorders. The conceptual differences between the mental health field and the chemical dependency field often make it difficult to provide an integrated treatment plan.

#### **Ethics for Professional**

**30 clock hours**

This course provides the student with ethically reasoned answers to the moral dilemmas that counselors face in their everyday practice. This course will provide a basic understanding of the issues involved in the process of Ethical Standard for Drug Abuse Counselors: non-discrimination, responsibility, competence, legal and moral standards, public statements, publication credit, client welfare, confidentiality, client relationship, inter-professional relationships, remuneration, societal obligations. Guidelines for ethical decision making: NAADAC Code of Ethics.

### **Primary Courses (20 Weeks)**

#### **Introduction to Abnormal Psychology**

**30 clock hours**

This course examines mental disorder using a bio-psycho-social framework. The student will examine theoretical models of psychopathology and of treatment and approaches to assessment and diagnosis. The course will include training on how to diagnosis and intervene in mental illness/substance abuse crisis situations.



### **Human Development**

**30 clock hours**

This course will explore the theoretical perspectives of human development and professions that draw upon them. Students will be introduced to multiple dimensions of child development, and place of education in promoting healthy development for all children. The course acquaints students with multiple processes of child development including physical, social, cognitive, linguistic, and emotional development from birth through adolescence, and examines both typical and atypical patterns of development.

### **Dual Disorders II**

**30 clock hours**

This course will provide the student with information and issues related to the treatment needs of patients who have a psychiatric disorder in combination with an alcohol and other drug use disorder. The course will include initial diagnosis & treatment of MISA Clients, dual diagnosis in special populations, treatments modalities, case management and relapse prevention for MISA clients.

### **Therapy & Dynamics of Counseling**

**30 clock hours**

This course is a comprehensive study on the integrated treatment of individuals with co-occurring mental illness and substance abuse. The course will systematically address the integrated treatment system which includes motivational interviewing, assessment, group treatment strategies, case management, family involvement, interventions, and program design.